



ADVANCED MANUFACTURING RELIEF PROGRAM

Health & Wellness Consultation

Topic Description:

Management: Thriving Leaders in the Workplace

Leaders participating in this workshop can expect to have a deeper insight into managing their workforce with both empathy and high engagement to create a strong community based workplace. Through the understanding of others, nurture their Leadership Skills to support challenges and build a plan to commit to workforce strength and success.

- Support mindfulness to drive deeper employee engagement
- Increase the employee experience with vitality and a sense of purpose
- Cultivating resiliency to empower the workforce to cope in positive ways.
- Leading with compassion and clarity to support organizational success

Time/Schedule: Two Hours

One hour workshop for management team (above)

One hour session on how to support the employees who take the upcoming

Employees: Thriving in the Workplace

As a participant in this highly interactive workshop, team members will receive a deep insight into their thought process, reactions, human nature and their individual personality characteristics as a member of the workplace community during this time of change.

Participants will be guided and engaged in learning to walk away with an action plan to be a resilient and strong workplace community member.

This workshop is an intensive, unique and engaging experience that will serve as a catalyst for transforming the community experience in your organization.

- Combat stress in the Essential Worker space
- Reconnecting in the new workplace environment

- Reimagining the new work life balance question
- Self-Kindness
- Personal Growth in the changing world
- Building mindset resilience

Time/Schedule: Three Hours

One hour a week for 3 weeks

Consultant Biography:



Ella Bates Corporate Training www.ellabates.com

Your facilitator, Ella Bates, has been teaching adults in the workplace for over 20 years. Ella has experience working within high volume manufacturing companies such as Mevotech and Dahl Valves, union environment industries and a shift workforce. Designing and delivering high impact learning experiences in personal and professional development including working in the growing field of workplace wellness, engaging with employees to boost productivity, drive down costs, and foster a healthy corporate culture.

PROGRAM CRITERIA

- Must be a Northumberland, Kawartha, and/or Peterborough Manufacturers
- Consultations must be completed between December 9, 2020 and February 20, 2021.
- Applications are accepted on a first come, first serve basis

PROGRAM DETAILS:

- There are no costs to the manufacturer. The NMA will be processing all fees and costs through our funding program.
- Delivery of the consultations will be default take place virtually, given the current situation with COVID-19. If a manufacturer would prefer an onsite consultation, Ella Bates Consulting would need to complete a Customer Screening Questionnaire / Field Level Hazard Assessment to determine if this is feasible.

NEXT STEPS:

1. Manufacturer - review the program documentation and fill out the application form.
2. The NMA/KMA will receive the application form, notify the manufacturer they are approved and will notify the consultant.
3. The consultant will reach out directly to the manufacturer to introduce themselves and schedule their consultations times/dates.
4. The consultant will contact the NMA/KMA once the consultations are completed.
5. The NMA/KMA will contact the manufacturer to complete a follow up interview to end their participation in the program.
6. Deadline to complete the consultations: February 20, 2021

Contact Information:

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